



Auxiliary Communications (AUXCOM) Tabletop & Division Meeting



Photo credit: FSO-PB Ruth Ring using iPhone6

SO-OP Alan Nye, SO-MA Robert Bernier, and FSO-PB Ruth Ring attended the Division Communications Exercise and TCT training in Whitehall, NY on 11 May 2019. DDC-R Jim Canavan and ADSO-CM Fred Brown covered much info at a brisk pace. Participants spent time outdoors viewing Jim Canavan’s personal communication trailer, assembling and disassembling tripod vertical antennas; attaching vertical antennas to the trailer; viewing directional antennas and “Ham Sticks” dipole antennas. Alan Nye also received a 5 year award during the event. (See photos at left.) SO-MT Lynn Enny presented the TCT training.

The editor, inspired with newly gained information, was able to get her commercial VHF mobile radio and antenna installed in her vehicle (with the help of a very knowledgeable friend), and hopes to soon be active on the AUX VHF net. The radio install went much smoother than expected; having the right tools on hand is a big help. (Note: these radios need special programming at Division level, and must meet certain specifications. More to follow about AUXCOM next month.)

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Burlington VT Flotilla 15-02, 1SR

Flotilla Commander: Robert T. White
Flotilla Vice Commander: Thomas T. Simmons
Flotilla Human Resources: Rick Moore
<http://www.uscgaux.info/about.php?unit=014-15-02>
<https://www.facebook.com/US-Coast-Guard-Auxiliary-Flotilla-15-02-Burlington-VT-351235695499189/>



Boating Class News

FSO-PE Karleen Teply and FC Robert White taught another successful VT Safe Boating Class at Apple Island Resort Clubhouse this month with 10 graduates. Also in attendance was VT State Police Trooper Chris Brown.

EMBEDDED LINKS

Please note: this newsletter contains embedded links. To access the website of the link, hover your mouse over the underlined link and you will see the website url. Simply hold down the "Ctrl" button on your keyboard and then right click your mouse to go to the link. On PDF's, just click on the link.

CALENDAR OF EVENTS

Lake Champlain Maritime Festival

Burlington Waterfront, 25-28 Jul 2019

2019 National Conference (NACON)

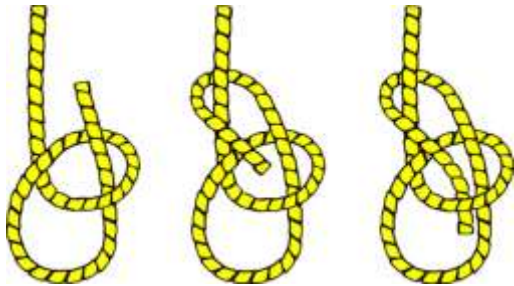
16-26 Aug 2019

<https://www.cgauxa.org/auxa/nacon-2019/>

D-TRAIN 1SR

Mar 2020

<https://www.d1dtrain.org/copy-of-schedule-of-events>



Bowline knot

<https://www.animatedknots.com/bowline-knot>

Open Flotilla Positions

FSO-NS
FSO-IS
FSO-MV
FSO-MT
FSO-PA

Navigation Services Officer
Information Systems Officer
Marine Dealer Visitor Officer
Member Training Officer
Public Affairs Officer

Please consider volunteering for one of the positions listed above. You will learn a lot, help the flotilla function more effectively, and receive help from other knowledgeable members when needed.

To read the general job descriptions for these positions, check out this link posted by another unit:

<http://www.uscgaux.info/content.php?unit=130-05-02&category=staff-officers>

Have you submitted your 7029?

Each member should submit one monthly.

4 Key Points to Discuss with Boaters:

1. Always Wear It
2. Take a Boating Safety Course
3. Get a Vessel Safety Check
4. Don't BUI

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Submit articles/photos NLT 2 weeks prior to the next meeting, or as directed.



Wear It! Inflatable Life Jacket Education video
<https://www.youtube.com/watch?v=VFEDdkhZuAg&feature=email>

Flotilla 15-02: U.S.C.G. Station Burlington
1 Depot Street
Burlington, VT 05401

Meeting Location:

Meeting Time: 1st Wednesday of each month
at 19:00 hours (7 p.m.)

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Tick-borne Diseases in Vermont VT Lyme.org



Vermont regularly has the [highest incidence](#) of Lyme disease in the United States, and is considered an 'endemic state' by the Centers for Disease Control. When Lyme and [other tick-borne diseases](#) are accurately diagnosed and properly treated patients often recover completely. However, some Vermonters have experienced long-term health problems even after completing standard treatment.

[One study](#) by the National Institutes of Health (NIH) revealed **the quality of life for people with complex Lyme disease can be like that of patients with type 2 Diabetes or a recent heart attack.** The study concluded "There is considerable impairment of health-related quality of life among patients with persistent symptoms despite previous antibiotic treatment for acute Lyme disease."

Vermont's children are at high risk for tick-borne diseases that can affect their learning abilities, social interactions, and overall development. **Many Vermont families have difficulty finding accurate information about effective treatment for [children with complex tick-borne infections](#).** Children affected by tick-borne diseases can have symptoms that may not be understood by teachers, caregivers, friends or physicians. Children in Vermont with a [tick-borne disease](#) may remain undiagnosed, or can be misdiagnosed with other illnesses, learning disabilities, ADD, or emotional disorders.

Disagreements among medical researchers and physicians about the diagnosis and treatment of Lyme disease, combined with difficulty accessing medical professionals with expertise in treating tick-borne diseases, can make the experience of a complex tick-borne infection extremely stressful for Vermonters.

Many Vermonters struggle with ongoing health problems after contracting a tick-borne disease. Those who were healthy before their illness can find it challenging to change their lifestyle and resume regular activities. **Some Vermonters become unemployed or isolated** if they can no longer work, go to school, or participate in social activities.

You can help fellow Vermonters. Learn more about ways you can support friends, neighbors and community members affected by Lyme and other tick-borne diseases. [10 Things to Know About People with Lyme Disease.](#)

What You Should Know

Vermont is regularly #1 in the United States for incidence of Lyme disease, with often double the rate of other endemic states.

Other New England states include New Hampshire, with an incidence of 51.8, Connecticut with 34.6, and Massachusetts with 2.1 per 100,000 people. Our neighbors in New York State have a Lyme disease incidence rate of 13.3.

These incidence rates are based on [CDC "confirmed cases" of Lyme disease.](#)

These statistics do not include "probable cases" or undiagnosed/ unreported cases, so the actual 2016 Lyme disease incidence rate for most states is probably higher than listed in the official [CDC tables.](#)

[Additional tick-borne diseases](#) are also present in Vermont. These include Anaplasmosis, Ehrlichiosis, Babesiosis, Powassan Virus, and a recently discovered species *Borrelia miyamotoi*. These tick-borne diseases are not included in the CDC surveillance data on Lyme disease. These are often called [co-infections](#), although [they may be present without Lyme disease.](#) Some of these tick-borne infections require different treatment than Lyme disease.